

## Optimization of Low-Carbon Economic Dispatch in Regional Microgrids with Flexible Loads

Narendra Kumar and Leszek Ziora

NIET NIMS University, Jaipur, India, and CUT Poland

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**Correspondence:**

E-mail: drnk.cse@gmail.com

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### ABSTRACT

Low-carbon economic dispatch (LCED) is critical for transitioning power systems toward carbon neutrality. This paper explores the optimization of LCED in regional microgrids by integrating flexible load management strategies—load cutting, load shifting, load transfer, and demand response—alongside carbon trading mechanisms. A quantitative research approach is employed, utilizing data from microgrid projects between 2015 and 2023 to examine the relationships between flexible load strategies, operating costs, and emissions reduction. The findings confirm that load management strategies significantly enhance economic efficiency, cost savings, and sustainability. Additionally, the integration of carbon trading mechanisms further optimizes both environmental and economic performance. The study highlights the importance of strategic dispatch planning in microgrid sustainability and suggests future research directions focusing on broader financial instruments and regulatory frameworks.

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### Introduction

This section describes the importance of low-carbon economic dispatch in regional microgrids. Low-carbon economic dispatch will help to bring power systems towards carbon neutrality. This paper discusses optimization of economic dispatch using flexible loads in a microgrid with respect to reducing emissions and minimizing cost. This study is guided by five sub-research questions, namely, the impact of load cutting on economic dispatch, the role of load shifting in optimization of microgrid performance, effects of load transfer on cost saving, the role of demand response in emission reduction, and carbon trading mechanisms' integration in the economic dispatch models. The research methodology used is quantitative in nature, as it aims to examine the independent variables of load management strategies and carbon trading costs against the dependent variables of operating costs and emission levels. The paper moves from a literature review to methodology exposition, presentation of findings, and concluding discussion on theoretical and practical implications, highlighting the need for optimized dispatch strategies in improving microgrid sustainability.

### Literature Review

This section critically reviews existing research on low-carbon economic dispatch in microgrids, organized around the five sub-research questions: the impact of load cutting, load shifting, load transfer, demand response, and carbon trading mechanisms on microgrid optimization. The review highlights various dimensions of economic dispatch: "Load Cutting and Economic Efficiency," "Load Shifting for Performance Optimization," "Cost Savings through Load Transfer," "Demand Response and Emission Reduction," and "Carbon Trading in Economic Dispatch Models." Though the review is quite progressive, there are gaps, such as the lack of long-term data on load management impacts, fewer studies on integrated demand response strategies, and lack of comprehensive models incorporating carbon trading. For each sub-research question, hypotheses are put forward to direct empirical investigation.

### Load Cutting and Economic Efficiency

The early work on load cutting emphasized short-term cost savings with little attention paid to long-term economic efficiency. The subsequent studies sought to connect load cutting to the overall system performance, indicating some benefits but insufficient data regarding long-term sustained improvements in efficiency. Recent work continues to attempt to fill the gaps, but a comprehensive long-term assessment is still required. Hypothesis 1: Strategies of load cutting are positively correlated with improved economic efficiency in microgrid systems that leads to the persistence of cost-cutting in the long term.

### **Load Shifting for Optimization**

Early studies in load shifting had focused on supply-demand balance potential but usually had a weak emphasis on the analysis of optimization. Medium-term research has strengthened the methodology but did not advance into the assessment of overall impact. The most recent work further improves the understanding, yet it has not reached long-term impacts. Hypothesis 2: Load shifting contributes to a high extent in optimizing the performance of the microgrid and increases the flexibility and stability of the system.

### **Cost Savings through Load Transfer**

Research on load transfer initially focused on short-term cost savings, with limited exploration of broader economic impacts. Subsequent studies expanded to include long-term financial benefits, yet comprehensive evaluations of load transfer strategies remain scarce. Recent work attempts to address these gaps, highlighting the need for more robust data. Hypothesis 3: Load transfer strategies are key drivers of cost savings in microgrid operations, providing substantial financial benefits over time is proposed.

### **Demand Response and Emission Reduction**

Initial investigations into demand response emphasized its potential for emission reduction but often lacked quantitative assessments. Mid-term studies integrated more quantitative approaches, beginning to uncover patterns linking demand response with reduced emissions, yet definitive correlations remain elusive. Recent research seeks to build on these findings, calling for more extensive data analysis. Hypothesis 4: Demand response strategies significantly contribute to emission reduction in microgrid systems, aligning with sustainability goals is proposed.

### **Carbon Trading in Economic Dispatch Models**

Early studies on carbon trading in dispatch models were largely theoretical, providing initial frameworks without empirical validation. As research progressed, case studies emerged, offering insights but lacking generalizability. Recent efforts aim to incorporate carbon trading into comprehensive models, yet challenges in data integration persist. Hypothesis 5: The integration of carbon trading mechanisms into economic dispatch models enhances both emission reduction and cost efficiency is proposed.

## **Method**

This section describes the quantitative research methodology to test the hypotheses developed from the literature review. It describes the data collection process, variables, and statistical methods applied to ensure a rigorous approach to understanding the impact of flexible load management on microgrid optimization.

## **Data**

Data for this study come from an extensive survey of projects using flexible loads in microgrids implemented between 2015 and 2023. The major data sources include operation records, data about economic performance, carbon trading reports, and qualitative information obtained from

interviews with energy managers and system operators. A stratified sampling method is adopted to ensure proper regional representation and implementations regarding load management strategies and to focus on projects operational for at least one year. Sample screening criteria include projects based on divergent sources of energy, such as wind, solar, and natural gas, to provide a rich set for analyzing the impacts of economic dispatch.

## **Variables**

The independent variables are strategies for load management strategies like load cutting, load shifting, load transfer, and demand response besides carbon trading costs. The dependent variables focus on economic outcomes such as operating costs, compensation costs, and emission levels. The control variables are energy prices, regulatory frameworks, and market conditions, which are crucial to isolating the specific effects of load management from broader economic influences. Among the classic control variables, further refinement of the analysis is achieved with the inclusion of GDP growth and energy policy stringency. These variable measurement methods are validated with literature from energy economics and policy studies. Regression analysis is used to establish the relationship of variables and testing of hypotheses so as to derive causality.

## **Results**

The results provide an elaborate statistical data from 2015 to 2023 concerning flexible load management microgrid projects. The paper provides distributions for independent variables- load management strategies and carbon trading costs, dependent variables-being the operating costs, compensation costs, and emission levels. It also establishes control variables as energy prices and regulatory frameworks to enable a baseline understanding of the impacts and correlations involved. From regression analyses, five of the hypotheses are thereby validated: Hypothesis 1: Sustained cost reduction shows positive relationship with load-cutting and enhanced economic efficiency. Hypothesis 2, which verifies the significant optimization of microgrid performance through load shifting, increases flexibility and stability. Hypothesis 3 validates that load transfer strategies significantly impact cost savings for microgrid operation. Hypothesis 4 indicates that demand response contributes remarkably to emission reduction in alignment with sustainability goals. Hypothesis 5 reveals that carbon trading mechanisms integrated with economic dispatch models improve emission reduction and cost efficiency. These results demonstrate how strategic load management and carbon trading integration can be integrated to optimize microgrid operations and thereby bridge the existing gaps in current literature.

### **Effect of Load Cutting on Economic Efficiency**

This result confirms Hypothesis 1, which has shown a positive relationship between load-cutting strategies and improved economic efficiency in microgrid systems. This results from the data analysis on the microgrid projects between 2015 and 2023 that shows load-cutting projects recorded considerable reductions in costs with trends of operating cost reduction overtime. Independent variables included the application scope of load cutting, whereas the dependent variables highlighted economic efficiency variables such as savings in cost and operational performance. This correlation suggests that targeted load cutting enables microgrids to optimize resource utilization, enhancing overall economic outcomes. The empirical significance aligns with theories of resource optimization, indicating that strategic load management is crucial for achieving sustained economic efficiency. By addressing previous gaps in understanding the long-term impacts of load cutting, this finding underscores the importance of load management in optimizing microgrid performance.

### **Load Shifting's Role in Performance Optimization**

This finding supports Hypothesis 2, as load shifting contributes significantly to the optimization of microgrid performance and enhances the system's flexibility and stability. Results from an analysis of microgrid projects over the period between 2015 and 2023 show that the projects which adopt load shifting strategies have superior performance metrics with regard to the flexibility of the system and operational disruption. Key independent variables are the frequency and scale of load shifting, while dependent variables focus on performance optimization indicators such as system stability and flexibility. This correlation suggests that effective load shifting facilitates better alignment of supply and demand, optimizing microgrid operations. The empirical significance reinforces theories on system flexibility and stability, highlighting the critical role of load shifting in enhancing microgrid performance. This finding calls attention to strategic load management to optimize the performance of microgrid operations as long-term impacts on load shifting remain unaddressed.

### **Impact of Load Transfer on Cost Savings**

This finding verifies Hypothesis 3 and shows that cost savings in the operation of a microgrid depend on the adoption of strategies on load transfer. An analysis based on data from microgrid projects between 2015 and 2023 shows that projects that considered load transfer strategies are highly viable as they provide significant financial benefits and vast operating cost reductions over time. The extent and timing of load transfer and other independent variables remain crucial, while dependent variable indicators are relegated to reduced energy expenses and improved economic performance in terms of cost savings. The link to this means that strategic load transfer enables microgrids to use energy with extra optimization, meaning economically. Again, empirical relevance to these theories shows that load transfer is the core part of economic dispatch strategies. The essence of filling in the gap on the long-term effects of load transfer lies in showing that load management, indeed matters to achieve cost efficiency in microgrid operations.

### **Demand Response Contribution to Emission Reduction**

This results in support for Hypothesis 4 and shows that strategies of demand response significantly contribute toward emission reduction within microgrid systems, thus following the sustainability trend. The overall data from numerous microgrid projects between 2015 and 2023 proves that projects implemented with demand response strategies have noteworthy reductions in their emission levels toward the overall achievement of sustainability. The key independent variables are the scale and frequency of demand response. Dependent variables focus on reducing indicators of emission, such as decreased carbon emissions and improved environmental performance. Therefore, this kind of correlation between demand response, energy consumption in alignment with renewable generation, reducing fossil fuel utilization, and subsequent lowering of emissions is possible if demand response works effectively. The empirical significance reinforces theories on sustainability and emissions management, highlighting the critical role of demand response in achieving carbon neutrality. By addressing gaps in understanding the long-term impacts of demand response, this finding emphasizes the importance of strategic load management in optimizing microgrid operations and achieving sustainability goals.

### **Carbon Trading's Role in Economic Dispatch Models**

This finding confirms Hypothesis 5, which states that the inclusion of carbon trading mechanisms in economic dispatch models improves both emission reduction and cost efficiency. Analyzing microgrid projects from 2015 to 2023, the results show that projects with carbon trading achieve high levels of emission reduction and cost savings, while improving economic performance metrics. Key independent variables include the integration and scale of carbon trading mechanisms, while dependent variables focus on emission reduction and cost efficiency indicators such as decreased carbon emissions and reduced operating expenses. This correlation suggests that effective integration of carbon trading facilitates optimized economic dispatch, aligning financial incentives with sustainability objectives. The empirical results are important because they underpin the relevance of carbon trading as a means of boosting the economic and environmental

performance of a microgrid. This finding is instrumental because it addressed previous knowledge gaps in how carbon trading fits into the economic dispatch of this system.

## Conclusion

This paper synthesizes the findings on the impacts of flexible load management and carbon trading integration in optimizing low-carbon economic dispatch in microgrids. The research shows how strategic load management, such as load cutting, load shifting, load transfer, and demand response, improves economic efficiency, optimizes performance, drives cost savings, and contributes to emission reduction. Integration of carbon trading mechanisms further enhances both environmental and economic outcomes. However, the study does recognize limitations such as reliance on historical data and potential sample selection bias. Future research should be conducted on a wider range of financial instruments and regulatory conditions to deepen insights into microgrid optimization strategies. These areas, by being addressed in future studies, can ensure a more complete understanding of the contributions of flexible load management and carbon trading towards the advancement of sustainable energy while making low-carbon economic dispatch even more applicable to regional microgrids.

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